

1 **Identification and quantification of major derivatives of ellagic acid and**
2 **antioxidant properties of thinning and ripe Spanish pomegranates**

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21 **ABSTRACT**

22 Major derivatives of ellagic acid and antioxidant properties of 9 Spanish
23 pomegranate cultivars were studied at two development stages: thinning and
24 ripening. A total of 35 major derivatives of ellagic acid were identified by LC-PDA-
25 QTOF/MS and quantified by UPLC-PDA methods; however, only 7 of them were
26 found simultaneously in thinning and ripe fruits. The total content of derivatives of
27 ellagic acid was higher in thinning fruits (3521 to 18236 mg 100 g⁻¹ dry matter, dm)
28 than in ripe fruits (608 to 2905 mg 100 g⁻¹ dm). The antioxidant properties were
29 evaluated using four methods: ABTS, DPPH, FRAP, and ORAC. Experimental values
30 for these four methods in thinning fruits ranged from 2837 to 4453, 2127 to 2920,
31 3131 to 4905, and 664 to 925 mmol trolox kg⁻¹, respectively; ripe fruits had lower
32 values of the antioxidant activities than thinning fruits, and values ranged from
33 1567 to 2905, 928 to 1627, 582 to 1058, and 338 to 582 mmol trolox kg⁻¹,
34 respectively. In general, sour-sweet cultivars (PTO8 cultivar) had the highest value
35 of derivatives of ellagic acid and antioxidant properties in pomegranates fruits.
36 Experimental results clearly proved the potential of thinning pomegranate fruits for
37 its use as supplement in food, pharmaceutical and cosmetics industries.

38

39 **Keywords:** Pomegranate, LC-MS analysis, ellagic acid, antioxidant properties.

40

41 **1. Introduction**

42 There is a major interest in the consumption of foods with health benefits (Wu et
43 al., 2004). The human diet often comprises foods and beverages with significant
44 amounts of phenolic compounds such as fruits, vegetables, wines and teas (Alén-
45 Ruiz, García-Falcón, Pérez-Lamela, Martínez-Carballo, & Simal-Gándara, 2009;
46 Komes, Horžić, Belščak, Ganić, & Vulić, 2010; Lui, 2003). Actually, food producers
47 are increasingly interested in developing new products offering compounds that can
48 improve health (Suarez-Jacobo, Rufer, Gervilla, Guamis, & Roig-Sagues, 2011).
49 Pomegranate fruits are a well-known source of many valuable substances that show
50 high antioxidant activity (Ordoudi et al., 2014; Madrigal-Carballo et al., 2009;
51 García-Alonso, De Pascual-Teresa, Santos-Buelga, & Rivas-Gonzalo, 2004) and
52 might induce health benefits against cancer, cardiovascular and other health
53 problems (Wu, Ma, & Tian, 2013; Park et al., 2009; Basu, & Penugonda, 2009).

54 Additionally, pomegranate peel contains a high amount of ellagic acid,
55 ellagitannins, such as punicalin and punicalagin, as well as hexahydroxydiphenic
56 acid (HHDP) which possess anti-inflammatory, antitumor, and apoptotic properties
57 (Seeram, Lee, Hardy, & Heber, 2005). Therefore, the health benefits of
58 pomegranate peel are accredited for the pharmacological activities exhibited by
59 bioactive phytochemicals like polyphenols (Al-Rawahi et al., 2014). There has also
60 been an increase in the use of pomegranate fruit extracts as botanical ingredients
61 in herbal medicines and dietary supplements (Elfalleh et al., 2011).

62 Spain is the one of the main European pomegranate producer and its
63 production is mainly located in the provinces of Alicante and Murcia (Melgarejo,
64 Hernández, & Legua, 2010). Thinning is a routine farming practice, which takes
65 place at an immature stage of the fruits, and consists of removing part of the fruits
66 to benefit the development and quality of the remaining fruits (Melgarejo et al.,
67 2010). This practice is carried out in the first week of June and can be repeated
68 after 20-30 days (end of June or early July), and among 7-15 kg per tree could be
69 removed (Melgarejo et al., 2010). After thinning, the fruits removed from the

70 pomegranate trees are left to spoil in the soil and farmers do not get any direct
71 payback for this expensive farming practice, which needs specialized labor and is
72 conducted manually. The fruits that remain in the tree continue their ripening
73 process and experience significant changes in their physicochemical and phenolic
74 compositions as well as antioxidant activity (Fawole & Opara, 2013; Shwartz,
75 Glazer, Bar-Ya'akov, Matityahu, & Bar-Ilan, 2009). These changes are influenced by
76 variety, growing region, farming practices and ripening stage of the fruit at harvest
77 (Mirdehghan, & Rahemi, 2007).

78 The aim of the present study was therefore to evaluate the potential of
79 thinning and ripe fruits from nine common Spanish pomegranate cultivars as
80 sources of bioactive compounds, especially ellagitannins. In this way two factors
81 will be evaluated: (i) thinning or ripe fruits, and (ii) cultivars. The identification and
82 quantification of major derivatives of ellagic acid (MDEA) will be carried out using
83 LC-PDA-QTOF/MS and UPLC-PDA; the antioxidant activity was evaluated using four
84 methods, namely ABTS, DPPH, FRAP, and ORAC.

85

86 **2. Materials and methods**

87 2.1. Plant material and sample processing

88 Fruits of nine different cultivars of pomegranate were collected in the last week of
89 June and beginning of September from the experimental field station of the
90 Universidad Miguel Hernandez de Elche in the province of Alicante, Spain
91 (02°03'50"E, 38°03'50"N, and 25 masl). This experiment shows values of two
92 consecutive seasons (2012 and 2013). The orchard is one of the main
93 pomegranate gene banks of the European Union and was established in 1992;
94 hence, trees are now 20 years old. Pomegranate trees were trained to the vase-
95 shaped system and planted at a spacing of 4 m × 3 m. They are drip irrigated, and
96 standard cultural practices are performed (pruning, thinning, fertilization and pest
97 control treatments).

98 The following cultivars were selected: (i) 3 sour cultivars [*Borde de Albaterra 1*
99 (“BA1”), *Borde de Orihuela 1* (“BO1”), *Borde de Beniel 1* (“BBE1”)], (ii) 3 sour-
100 sweet cultivars [*Piñón Tierno de Ojós 5* (“PTO5”), *Piñón Tierno de Ojós 8* (“PTO8”),
101 *Piñón Tierno de Ojós 10* (“PTO10”)], and (iii) 3 sweet cultivars [*Mollar de Elche 14*
102 (“ME14”), *Mollar de Elche 17* (“ME17”) and *Valenciana 1* (“VA1”)]. After picking, all
103 fruits were immediately transported into the laboratories of the Universidad Miguel
104 Hernández de Elche (Orihuela, Alicante, Spain).

105 Thinning is conducted as a routine farming practice in the selected
106 pomegranate orchard, generally from middle of June to the first week of July.
107 Usually, pomegranate thinning is conducted at the stage of young fruit (Fleckinger
108 code I; BBCH code 71); at this stage about 7-8 kg of young fruits are removed per
109 each tree. Only fruits weighting less than 100 g or having a diameter smaller than
110 60 mm are removed. Following all the previously mentioned requirements, 5 fruits
111 were selected from those removed by the routine thinning practice.

112 Two times for five fruits per cultivar were randomly collected (90 thinning
113 fruits and 90 ripe fruits; 180 fruits in total). After harvest the fruits were frozen
114 immediately and then lyophilized using a freeze drier (Christ Alpha 2-4; Braum
115 Biotech Int., Melsungen, Germany) for 24 h and a pressure of 0.220 mbar. The
116 samples were subsequently ground in a pestle and mortar to a fine powder and
117 stored vacuum-packed in a freezer (-80 °C) until analysis.

118

119 2.2. Identification of major derivatives of ellagic acid by the LC-PDA-QTOF/MS
120 method and quantification by UPLC-PDA

121 Samples of pomegranate extract for analysis were prepared as previously
122 described by Wojdyło, Oszmiański and Bielicki (2013). Identification and
123 quantification of MDEA of pomegranate fruits extracts was carried out using an
124 Acquity® ultra performance LC system equipped with a photodiode detector (UPLC-
125 PDA) with binary solvent manager (Waters Corp., Milford, MA, USA) series with a
126 mass detector G2 QTOF Micro mass spectrometer (Waters, Manchester, UK)

127 equipped with an electrospray ionization (ESI) source. Separations of polyphenols
128 were carried out using a UPLC BEH C18 column (1.7 μm , 2.1 \times 100 mm; Waters
129 Corp., Milford, MA, USA) at 30 $^{\circ}\text{C}$, whereas the samples were maintained at 4 $^{\circ}\text{C}$
130 during the analysis.

131 Pomegranate samples (5 μL) were injected, and elution was completed within
132 22 min using a sequence of elution modes: linear gradients and isocratic. The flow
133 rate was 0.45 mL/min. The mobile phase was composed of solvent A (4.5 % formic
134 acid) and solvent B (100 % of acetonitrile). Elution was as follows: 0–10 min,
135 linear gradient from 1 to 10 % B; 10–15 min, linear gradient from 10 to 17% B;
136 than 100% B from 15 to 18 min for column washing; and reconditioning for next
137 4.00 min. A partial loop injection mode with a needle overfill was set up, enabling 5
138 μL injection volumes when a 5 μL injection loop was used. Acetonitrile (100 %) was
139 used as a strong wash solvent and acetonitrile–water (10 %) as a weak wash
140 solvent. Analysis was carried out using full scan, data-dependent MS scanning from
141 m/z 100 to 1000. The mass tolerance was 0.001 Da, and the resolution was 5.000.
142 Leucine enkephalin was used as the mass reference compound at a concentration of
143 500 pg/ μL at a flow rate of 2 $\mu\text{L}/\text{min}$, and the $[\text{M} - \text{H}]^{-}$ ion at 554.2615 Da was
144 detected over 15 min of analysis during ESI-MS accurate mass experiments, which
145 was permanently introduced via the LockSpray channel using a Hamilton pump. The
146 lock mass correction was ± 1.000 for Mass Window. The mass spectrometer was
147 operated in a negative ion mode and set to the base peak intensity (BPI)
148 chromatograms and scaled to 12400 counts per second (cps) (=100 %). The
149 optimized MS conditions were as follows: capillary voltage of 2500 V, cone voltage
150 of 30 V, source temperature of 100 $^{\circ}\text{C}$, desolation temperature of 300 $^{\circ}\text{C}$, and
151 desolation gas (nitrogen) flow rate of 300 L/h. Collision-induced fragmentation
152 experiments were performed using argon as collision gas, with voltage ramping
153 cycles from 0.3 to 2 V. The characterization of the single components was carried
154 out via retention time and the accurate molecular masses. Derivatives of ellagic
155 acid were optimized to its estimated molecular mass $[\text{M} - \text{H}]^{-}$ in the negative mode

156 before and after fragmentation. The data obtained from LC-MS were subsequently
157 entered into MassLynx 4.0 ChromaLynx Application Manager software. On the basis
158 of these data, the software is able to scan different samples for the characterized
159 substances.

160 Quantification of MDEA was performed using UPLC-PDA; PDA spectra were
161 measured over the wavelength range of 200–600 nm in steps of 2 nm. The runs
162 were monitored at 320 nm. These compounds were evaluated and expressed as
163 ellagic acid and derivatives. Retention times (R_t) and spectra were compared with
164 those of pure standards. Identification of MDEA were based on MS/MS analysis and
165 literature data (Fischer, Carle, & Kammerer, 2011; Calani et al., 2013). Calibration
166 curves at concentrations ranging from 0.05 to 5 mg/mL ($R^2 \leq 0.9998$) were made
167 from ellagic acid. All analyses were done in triplicate. Results were expressed as
168 milligrams per 100 g dry matter (dm).

169

170 2.3. Antioxidant properties

171 2.3.1. ABTS, DPPH and FRAP methods

172 For the antioxidant activity determination, a methanol extract was prepared for
173 each sample to be analyzed. Freeze-dried fruits (0.5 g) were mixed with 10 mL of
174 MeOH/water (80:20 % v/v) + 1 % HCl, sonicated at 20 °C for 15 min and left for
175 24 h at 4 °C. Then the extract was again sonicated for 15 min, and centrifuged at
176 15000 *g* for 10 min.

177 The free scavenging activity was evaluated using the DPPH (radical 2,2-
178 diphenyl-1-picrylhydrazyl) method as described by Brand-Williams, Cuvelier and
179 Berset (1995), with a modification in the reaction time. Briefly, 10 μ L of the
180 supernatant were mixed with 40 μ L of MeOH and added to 950 μ L of DPPH solution.
181 The mixture was shaken vigorously and placed in a dark room for 10 min. The
182 decrease in absorbance was measured at 515 nm in UV-Vis Uvikon XS
183 spectrophotometer (Bio-Tek Instruments, Saint Quentin Yvelines, France).

184 Additionally, the ABTS [2,2-azinobis-(3-ethylbenzothiazoline-6-sulphonic
185 acid)] radical cation and ferric reducing antioxidant power (FRAP) methods were
186 also used as described by Re, Proteggente, Pannala, Yang, and Rice-Evans (1999)
187 and Benzie and Strain (1996) respectively. Briefly, 10 μ L of the supernatant were
188 mixed with 990 μ L of ABTS or FRAP. After 10 min of reaction, the absorbance was
189 measured at 734 nm for ABTS and 593 nm for FRAP. The absorbance was
190 measured in UV-Vis Uvikon XS spectrophotometer (Bio-Tek Instruments, Saint
191 Quentin Yvelines, France). Calibration curves, in the range 0.01–5.00 mmol trolox
192 L⁻¹ were used for quantification of the three methods of antioxidant activity showing
193 good linearity ($R^2 \geq 0.998$). The analyses were run in five replications (n=5) and
194 results were expressed as mean \pm standard error and units in mmol trolox per kg
195 dm.

196 2.3.2. ORAC method

197 The fourth method used to evaluate the antioxidant capacity of pomegranate fruits
198 was oxygen radical absorbance capacity (ORAC), as described by Ou, Hampsch-
199 Woodill, and Prior (2001). Briefly, each sample (0.1 mL) was diluted with
200 phosphate ($K_2HPO_4 + Na_2HPO_4$) buffer solution (75 mM, pH 7.4). Later, 375 μ L of
201 sample together with 2.25 mL of fluorescein (42 nM) were added in cuvettes; buffer
202 solution was used as blank and trolox solution (25 μ M trolox) as calibration
203 solution. Fluorescence readings were taken at 5 s and then every minute thereafter.
204 Finally, 375 μ L of freshly prepared AAPH reagent [2,2'-azobis(2-amidinopropane)
205 dihydrochloride] (153 mM) was added in cuvettes every 5 s. The fluorescence
206 spectrophotometer (Shimadzu, model RF-5301; Kyoto, Japan) was set up at an
207 excitation wavelength of 493 nm and an emission wavelength of 515 nm and
208 readings were recorded every 5 min for 40 min after the addition of AAPH. During
209 the analysis all the cuvettes were incubated at 37 °C. The final ORAC values were
210 calculated, in triplicate, using a regression equation between the trolox
211 concentration and the net area under the fluorescence decay curve and final data
212 were expressed as mmol trolox per kg dm.

213

214 2.4. Statistical analysis

215 Results are provided as the mean \pm standard error of three replications. First, data
216 was subjected to one-way analysis of variance (ANOVA) and later data was also
217 subjected to Tukey's multiple-range test to compare the means. Differences were
218 considered statistically significant at $p < 0.05$. All statistical analyses were
219 performed using StatGraphics Plus 5.0 software (Manugistics, Inc., Rockville, MD,
220 USA). The figures of ABTS, DPPH, FRAP, and ORAC data, were prepared using
221 SigmaPlot Version 11.0 (Systat Software Inc.).

222

223 **3. Results and discussion**

224 3.1. Identification of major derivatives of ellagic acid

225 Ellagic acid and its derivatives were the main class of identified and quantified
226 compounds in this particular product. The identification of MDEA in thinning and
227 ripe pomegranate fruits was carried out by LC-PDA-QTOF/MS method (**Table 1**).
228 The aim of many pomegranates studies has been the identification of the bioactive
229 compounds that correlate with health (García-Alonso et al., 2004; Sun, Chu, Wu, &
230 Liu, 2002). In this sense, it has been shown that ellagic acid has anti-
231 atherosclerotic and biological properties can be used as a preventive agent in
232 cancer treatment (El-Shitany, El-Bastawissy, & El-Desoky, 2014; Lu, Ding, & Yuan,
233 2008). High concentrations of derivatives of ellagic acid are positively correlated
234 with the high antioxidant activity of pomegranate peel extracts (Al-Rawahi et al.,
235 2014).

236 Among the 35 major derivatives of ellagic acid found in thinning and ripe
237 pomegranates (mainly hydrolyzable tannins), 7 were found in both types of fruits.
238 These seven compounds were punicalagin isomer ($R_t = 1.61$ min) and HHDP-
239 gallagyl-hexoside (punicalagin) ($R_t = 3.52$ min) had an $[M-H]^-$ at m/z 1083 and
240 similar MS/MS fragments (300/622/781); granatin A ($R_t = 4.40$ min) had an
241 $[M-H]^-$ at m/z 799; ellagic acid derivative ($R_t = 5.32$ min) had an $[M-H]^-$ at m/z

242 301; ellagitannin ($R_t = 8.79$ min) had an $[M-H]^-$ at m/z 784; granatin B ($R_t =$
243 10.54 min) had an $[M-H]^-$ at m/z 951; and ellagic acid derivative ($R_t = 11.06$ min)
244 had an $[M-H]^-$ at m/z 951. Calani et al. (2013) and Fischer et al. (2011) identified
245 those compounds in pomegranate. Hydrolyzable tannins are the most abundant
246 antioxidant polyphenolic compounds in pomegranate (Gil, Tomás-Barberán, Hess-
247 Pierce, Holcroft, & Kader, 2000) and include ellagitannins, such as punicalagins and
248 punicalins (Calani et al., 2013).

249 Regarding other derivatives of ellagic acid found exclusively in thinning (i) or
250 ripe (ii) fruits the most abundant ones were: (i) digalloyl-HDDP-glucoside
251 (pedunculagin II) ($R_t = 3.80$ min, $[M-H]^-$ at m/z 785) and HHDP-digalloyl-glucose
252 ($R_t = 5.89$ min, $[M-H]^-$ at m/z 785) and (ii) ellagitannin ($R_t = 2.86$ min, $[M-H]^-$ at
253 m/z 783) and an unknown compounds, which main characteristics were $R_t = 0.63$
254 min, and $[M-H]^-$ at m/z 215. These compounds have been reported by Fischer et
255 al. (2011), Calani et al. (2013) and Sentandreu, Cerdán-Calero, and Sendra (2013)
256 in ripe pomegranates.

257

258 3.2. Quantification of major derivatives of ellagic acid

259 The quantification of major derivatives of ellagic acid was conducted using UPLC-
260 PDA detection. The effect of the ripening stage on the MDEA was evident and the
261 values found in thinning fruits were 3 to 19 times higher than those found in ripe
262 fruits. According to the mean values of all samples, the MDEA was about seven
263 times higher in thinning fruits (10450 ± 1581 mg 100 g⁻¹ dm) than in ripe fruits
264 (1553 ± 270 mg 100 g⁻¹ dm). The highest changes with time were found in fruits
265 from sweet cultivars, which decreased from an initial mean value of 11734 mg 100
266 g⁻¹ dm to as low as 833 mg 100 g⁻¹ dm; this means that the ratio
267 $MDEA_{\text{thinning}}/MDEA_{\text{ripe}}$ had a mean of 14.1. This same ratio, $MDEA_{\text{thinning}}/MDEA_{\text{ripe}}$,
268 took values of 5.0 and 5.2 for sour and sour-sweet cultivars, respectively. Al-
269 Rawahi et al. (2014) found 6420 mg GAE 100 g⁻¹ dry solids (ds) in freeze dried
270 pomegranate peel and Fischer et al. (2011) reported a total phenolic value of 8489

271 mg 100 g⁻¹ dm, in peel and mesocarp of pomegranate. The differences in the
272 phenolic content could be associated with the difference in cultivars, methods of
273 extraction and analysis (chromatography or spectrophotometry) and environmental
274 conditions (Al-Rawahi et al., 2014). The high amounts of bioactive compounds in
275 thinning fruits imply the high interest of this material for industrial applications,
276 such as enrichment or development of new products.

277 The factor cultivar significantly ($p < 0.05$) affected the amount of MDEA, which
278 ranged (i) in thinning pomegranates between 3521 and 18236 mg 100 g⁻¹ dm in
279 PTO10 and PTO8, respectively, and (ii) in ripe pomegranates between 608 and
280 2905 mg 100 g⁻¹ dm in ME14 and PTO8, respectively. The two cultivars with the
281 highest values of MDEA in both thinning and ripe pomegranates were PTO8 (18236
282 and 2905 mg 100 g⁻¹ dm, respectively) and BO1 (15338 and 2415 mg 100 g⁻¹ dm,
283 respectively).

284 **Tables 2** and **3** show that 24 and 18 major derivatives of ellagic acid were
285 found in thinning and ripe pomegranates, respectively. The 3 most abundant
286 compounds in thinning fruits were (**Table 2**): (i) HHDP-gallagyl-hexoside (**13**):
287 3635 mg 100 g⁻¹ dm, (ii) punicalagin isomer (**7**): 1986 mg 100 g⁻¹ dm, and (iii)
288 granatin B (**28**): 830 mg 100 g⁻¹ dm; these values represented 36.4, 19.9 and
289 7.3% of the total concentration of MDEA. Consequently, only these 3 compounds
290 represented more than 60% of the total concentration of MDEA in unripe fruits. In a
291 similar way, the most abundant compound in ripe fruits was ellagitannin (**12**):
292 858 mg 100 g⁻¹ dm (**Table 3**). This value represented 42.9 % of the total
293 concentration of MDEA in ripe fruits.

294 There were 7 compounds (peaks **7**, **13**, **16**, **19**, **25**, **28** and **29**) that were
295 present in both thinning and ripe fruits. These 7 compounds represented about 70
296 % of the major derivatives of ellagic acid in thinning fruits, while only 14.5 % in
297 ripe fruits. The **Figure 1** shows the comparison of MDEA profile of thinning and ripe
298 fruits for PTO8 cv. In this and other cv. these 7 compounds was always major in
299 thinning than in ripe fruits. Therefore, a big portion of these 7 compounds were

300 transformed in ellagitannins which are the predominate compound in the MDEA
301 profile of ripe fruits.

302 Flavonoids and phenolic acid are secondary metabolites produced by plants.
303 Gallic and ellagic acids are common precursors of hydrolyzable tannins; they will be
304 transformed via 1-*O*-galloylglucose into a wide range of complex galloylglucosides
305 and further complex of ellagitannins. The direct synthesis of gallic acid from
306 dehydroshikimic acid will block the shikimate pathway enzyme, 5-
307 enolpyruvylshikimate-3-phosphate synthase, and thus will cause a reduction in the
308 synthesis of aromatic amino acids and phenylpropanoids. In contrast, the synthesis
309 and accumulation of gallic acid and hydrolyzable taninns are activated (Gross,
310 1999; Grundhöfer, Niemetza, Schilling, & Grossa, 2001).

311 Therefore, one of the major derivatives of ellagic acid found in thinning fruits
312 was a punicalagin isomer (**7**), together with the gallagyl group is a part of the
313 chemical structure of many of the phenols that are commonly found in
314 pomegranate, such as punicalin and punicalagin derivatives (Sentandreu et al.,
315 2013; Zahin, Ahmad, Gupta, & Aqil, 2014). The other majority compound in
316 thinning fruits was granatin B (**28**) which forms part of type III-tannins
317 (dehydroellagitannins) (Okuda, Yoshida, & Hatano, 2000). Granatin A and B were
318 first identified as the major components of pomegranate leaves (Tanaka, Nonaka, &
319 Nishioka, 1985). These types of compounds, especially ellagic acid derivatives,
320 have been also found in camu camu, strawberries and various berries (Aaby,
321 Mazur, Nes, & Skrede, 2012; Fracassetti, Costa, Moulay, & Tomas-Barberan, 2013;
322 Simirgiotis, Theoduloz, Caligari, & Schmeda-Hirschmann, 2009).

323 Anthocyanin content was known to be affected by several parameters such as
324 harvest maturity, storage temperature, and relative humidity (Shin, Ryu, Liu, Nock,
325 & Watkins, 2008; Elfalleh et al., 2011). Therefore, the content of anthocyanins in
326 thinning pomegranate fruits was very low and was not a suitable parameter to
327 compare the amount of polyphenols among thinning and ripe pomegranate fruits.

328 Despite a great number of studies, the analysis in the content of phenolic
329 compounds (specially ellagic acid derivatives) with literature data is still inquired
330 due to different analytical methodologies and because the contents may
331 considerably vary with the pomegranate cultivar and maturity stage of
332 pomegranates (Mousavinejad, Emam-Djomeh, Rezaei, & Khodaparast, 2009;
333 Fischer et al., 2011).

334

335 3.3. ABTS, DPPH and FRAP methods

336 There are different methods for evaluating the antioxidant activity of foods. This
337 variety of methods is due to the fact that none of them by itself is able to
338 determine exactly the total antioxidant potential in a food system. For this reason,
339 the antioxidant "activity" of thinning and ripe pomegranates fruits was evaluated
340 using three different analytical methods: ABTS, DPPH and FRAP (**Figure 2**). The
341 factor "cultivar" significantly ($p < 0.05$) affected the antioxidant activity of thinning
342 and ripe fruits. The mean thinning values for ABTS, DPPH, and FRAP were 3603,
343 2541, and 3977 mmol trolox kg^{-1} dm, respectively; while the values for the same
344 methods but in ripe fruits were 2177, 1245, and 683 mmol trolox kg^{-1} dm,
345 respectively. These results showed that the antioxidant activity of thinning fruits is
346 among 2-6 times higher than that of ripe fruits for all three methods (ABTS, DPPH,
347 and FRAP). In general, the highest values of antioxidant activity were found in
348 sour-sweet cultivars, especially in PTO8 cultivar. This trend is similar to that found
349 in Brazilian red cherry, where the DPPH activity decreased from 171 to 83 mmol
350 trolox kg^{-1} dm throughout the development of fruits (Celli, Pereira-Netto, & Beta,
351 2011).

352 The values obtained in the current study are quite high, especially those of
353 the ripe fruits, in comparison with those found in the literature for ripe
354 pomegranate rind, arils and juice (Calín-Sánchez et al., 2013; Mena et al., 2011;
355 García-Alonso et al., 2004). The antioxidant potential of pomegranate can be
356 affected by many factors, including maturity stage, fruit cultivar, the different

357 nature of the materials (solid: thinning fruits or liquid: pomegranate juice),
358 extraction procedure and the specific method for their determination. Although
359 results may vary substantially due to all these factors, it must be highlighted that
360 the pomegranate is a fruit with high antioxidant potential, especially thinning fruits,
361 which are currently wasted in the soils and no revenue at all is obtained from them.

362 3.4. ORAC determinations

363 The antioxidant capacity of thinning and ripe pomegranate fruits was evaluated by
364 ORAC method. Results showed that thinning fruits have higher values than maturity
365 pomegranate (**Figure 3**). The ORAC values ranged from 664 to 924 mmol trolox
366 kg^{-1} dm and from 338 to 582 mmol trolox kg^{-1} dm in thinning and ripe fruits,
367 respectively. In the literature (Wojdylo et al., 2013; Calani et al., 2013) there is a
368 general trend in which high antioxidant activity values are positively correlated with
369 the high values in the total phenolic content; in this particular case, the correlation
370 among MDEA and the ORAC antioxidant capacity values was significant ($p < 0.05$)
371 and showed a correlation coefficient, $R = 0.627$. The low correlation between MDEA
372 and ORAC capacity may be due to other phenolic compounds (not determined in
373 this study) may have a higher correlation with antioxidant capacity.

374 There are only very few studies evaluating the antioxidant potential of fruits
375 from different species removed during thinning. For instance Zheng, Kim, and
376 Chung (2012) studied the changes of the antioxidant activity of *Fuji* apples from
377 thinning to the optimal harvest time; these authors observed a decrease of as
378 much as 98% in the antioxidant activity from thinning to ripe apples. Li et al.
379 (2006), reported ORAC values between 100 and 350 $\mu\text{mol L}^{-1}$ in pomegranate
380 extract. Elfalleh et al. (2011) reported values between 192 and 237 mmol trolox kg^{-1}
381 1 in pomegranate peel. The mean value reported by these authors (215 mmol trolox
382 kg^{-1}) is about 2-5 times lower than that of thinning pomegranates. Similar results
383 were obtained for pomegranate juice (25.0 mmol L^{-1}) by Seeram et al. (2008). As a
384 comparison, the antioxidant activity of pomegranate juice is three times higher

385 than the red wine and green tea (Gil et al., 2000). These results are interesting
386 because shows the richness of thinning pomegranates as a natural antioxidant
387 (especially from sour-sweet cultivars).

388 The factor cultivar significantly ($p < 0.05$) affected the ORAC antioxidant
389 capacity. The two cultivars with the highest ORAC values in thinning (i) and ripe (ii)
390 fruits were: (i) PTO10 (925 mmol trolox kg^{-1} dm) and PTO5 (827 mmol trolox kg^{-1}
391 dm), and (ii) BO1 (582 mmol trolox kg^{-1} dm) and BA1 (498 mmol trolox kg^{-1} dm),
392 respectively.

393 After grouping pomegranate cultivars in sour, sour-sweet and sweet, the
394 groups with the highest ORAC value were sour-sweet (823 mmol trolox kg^{-1} dm) in
395 thinning fruits and sour (517 mmol trolox kg^{-1} dm) in ripe fruits.

396

397 **4. Conclusions**

398 This study demonstrated that LC-PDA-QTOF/MS and UPLC-PDA are a good
399 methodology for the identification and quantification of the major derivatives of
400 ellagic acid in pomegranate fruit. The content of the major derivatives of ellagic
401 acid was significantly affected by the development stage of fruits. A total of 35
402 compounds were indentified and quantified to compare the difference among
403 thinning and ripe pomegranate fruits; only 7 of them were found in thinning and
404 ripe fruits and the values of the ellagic acid derivatives found in thinning fruits were 3
405 to 19 times higher than those found in ripe fruits. Experimental results proved that
406 thinning sour-sweet cultivars, especially PTO8 cultivar, can be considered as a good
407 source of bioactive compounds, which are clearly reflected in high values of
408 antioxidant properties. Furthermore, those findings seemed to make pomegranate,
409 specially the fruits that coming from thinning, a waste product of the pomegranate
410 industry, an attractive candidate as a nutritional supplement for its use as
411 supplement in food, pharmaceutical and cosmetics industries.

412

413

414 **Acknowledgments**

415 Funding for this study was provided by the Spanish Ministry of Economy and
416 Competitiveness through grant AGL2013-45922-C2-2-R. Besides the visit of N.
417 Nuncio-Jáuregui to Wrocław University of Environmental and Life Science (Wrocław,
418 Poland) was funded within the Erasmus Program (Universidad Miguel Hernández de
419 Elche).

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Table 1. LC-QTOF/MS Analysis of the major derivatives of ellagic acid in thinning and ripe pomegranate fruits from nine Spanish

587

pomegranate cultivars.

Peak	Compound	R _t (min)	λ _{max} (nm)	MS [M-H] ⁻ (m/z)	MS/MS [M-H] ⁻ (m/z)	Fruits	
						Thinning	Ripe
1	Unknown	0.63	248	215	179/145/135/132	-	+
2	Galloyl- HHDP-hexoside	0.90	264/377	633	275/259/169	+	-
3	Galloyl-glucoside	1.03	261/376	331	271/169/143/125	+	-
4	HHDP-gallagyl-hexoside (punicalagin)	1.04	257/377	1083	611/331/146	-	+
5	Gallolyl-HHDP-glucoside	1.29	260	633	275/249/149	+	-
6	bis-HHDP-glucoside (pedunculagin I)	1.35	243	783	481/300/275	+	-
7	Punicalagin isomer	1.61	257/377	1083	781/622/300	+	+
8	Ellagitannin	2.35	252/373	933	631/450/300/275	+	-
9	HHDP-gallagyl-hexoside (punicalagin)	2.37	252/371	352	262/235/190/162/146	-	+
10	Ellagic acid derivative	2.68	255/376	1085	907/783/300	+	-
11	Ellagitannin	2.73	243	783	481/300/275	+	-
12	Ellagitannin	2.86	242	783	481/300/275/146	-	+
13	HHDP-gallagyl-hexoside (punicalagin)	3.52	257/378	1083	781/745/622/300	+	+
14	Digalloyl-HDDP-glucoside (pedunculagin II)	3.80	271	785	483/300	+	-
15	Bis-HHDP-glucose-isomer	3.82	236	785	300/275	-	+
16	Granatin A	4.40	268	799	781/479/300/273	+	+
17	Ellagic acid derivative	4.75	255/375	1085	479/300/273	+	-
18	Granatin A	4.83	263	799	300/272	-	+
19	Ellagic acid derivative	5.32	253	301	275/217/169	+	+
20	Unknown	5.81	256	801	362/352/218/190	-	+
21	HHDP-digalloyl-glucoside	5.89	254	785	300/275/169	+	-

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Peak	Compound	R _t (min)	λ _{max} (nm)	MS [M-H] ⁻ (m/z)	MS/MS [M-H] ⁻ (m/z)	Fruits	
						Thinning	Ripe
22	Ellagitannin	6.21	272	784	482/419/300/275/249	+	-
23	Galloyl-HHDP-glucoside	7.80	263	633	463/300/275	-	+
24	Bis-HHDP-glucose-isomer	8.56	270	784	300/275/169	+	-
25	Ellagitannin	8.79	268	784	627/300/275/169	+	+
26	Ellagitannin	9.01	270	784	617/300/275/169	+	-
27	Ellagic acid derivative	10.38	276	937	613/300	+	-
28	Granatin B	10.54	274	951	933/765/300/273	+	+
29	Ellagic acid derivative	11.06	275	951	907/787/635/300	+	+
30	Ellagic acid derivative	11.37	213/252/361	433	352/300/160/146	-	+
31	Ellagic acid rhamnoside	11.57	252/361	447	352/262/160/146	-	+
32	Dpd-trihexoside	12.10	276	787	617/465/169	+	-
33	Punicalagin-like	12.30	254	1109	352/146	-	+
34	HHDP-trigalloyl-glucose	13.18	275	937	767/465/300/169	+	-
35	Pentagalloyl hexose	13.71	278	939	769/169	+	-

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Table 2. Major derivatives of ellagic acid (mg 100 g⁻¹ dm) in thinning fruits from nine Spanish pomegranate cultivars.

(Peak)	Compound	Cultivars								
		BA1	BO1	BBE1	PTO5	PTO8	PTO10	ME14	ME17	VA1
(2)	Galloyl- HHDP-hexoside	194 [†] ±5 d [‡]	357±11 b	87.5±3.5 de	127±1 e	475±4 a	64.4±1.3 f	245±1 cd	279±5 c	162±7 d
(3)	Galloyl-glucose	126±4 c	189±2 b	65.7±4.5 e	98.6±0.1 d	194±3 ab	39.4±0.5 f	198±2 ab	208±1 a	183±2 b
(5)	Galloyl- HHDP-glucoside	148±1 e	253±2 bc	70.0±1.8 g	102±1 f	197±3 d	50.0±1.1 g	274±1a	268±9 ab	230±3 c
(6)	Bis-HHDP-glucoside	289±4 d	493±6 a	196±3 e	185±1 e	421±2 cd	92.8±1.3 f	417±2 bc	460±7 ab	369±7 c
(7)	Punicalagin isomer	1866±1 d	2899±3 a	1009±9 e	1742±1 d	2264±1 c	746±1 f	2396±2 bc	2523±7 b	2433 ±4 bc
(8)	Ellagitannin	117±4 e	211±2 d	26.2±1.0 f	131±1 e	405±5 a	114±2 e	426±2 a	359±6 b	253±4 c
(10)	Ellagic acid derivative	163±5 b	194±7 ab	41.1±2.7 d	94.3±8.6 c	223±1 a	32.6±0.5 d	103±1 c	154±5 b	71.7±0.4 c
(11)	Ellagitannin	238±2 c	299±3 ab	152±10 d	111±1 d	259±4 bc	55.6±1.3 f	244±1 c	339±2 a	230±1 c
(13)	HHDP-galloyl-hexoside	3140±7 d	5296±6 a	1831±6 e	3231±1 d	4038±1 c	1352±8 f	4344±8 c	4734±4 b	4749±6 b
(14)	Digalloyl-HDDP-glucoside	286±2 de	528±5 b	94.0±3.7 f	249±1 e	904±1 a	93.4±2.1 f	356±1 cd	580±2 b	332±2 c
(16)	Granatin A	65.0±2.2 e	247±3 b	85.2±0.1 e	168±1 d	372±1 a	34.0±0.5 f	163±4 d	230±1 bc	218±4 c
(17)	Ellagic acid derivative	275±2 c	438±4 b	128±3 d	279±2 c	787±2 a	173±4 d	405±1 b	403±4 b	254±1 c
(19)	Ellagic acid derivative	150±1 d	271±2 b	72.1±1.8 f	93.7±0.5 e	320±5 a	44.7±1.0 g	148±1 e	195±7 c	145±1 d
(21)	HHDP-digalloyl-glucose	348±3 d	657±6 a	189±7 e	224±2 e	636±1 a	105±2 f	427±2 c	504±8 b	419±7 c
(22)	Ellagitannin	237±2 d	468±5 b	72.1±5.0 f	148±1 e	895±4 a	67.0±3.1 f	189±2 de	338±4 c	121±3 e
(24)	Bis-HHDP-glucose-isomer	182±1 c	278±3 b	43.5±3.0 ef	54.0±0.1 e	532±3 a	18.2±0.4 f	62.6±0.1 e	109±4 d	45.0±0.2 e
(25)	Ellagitannin	302±4 c	503±6 b	123±8 f	139±1 f	775±5 a	55.6±1.6 g	235±2 de	287±1 cd	190±2 d
(26)	Ellagitannin	48.0±1.6 d	102±1 b	40.7±1.6 de	32.6±0.3 e	120±1 a	17.0±0.3 f	100±1 b	104±1 b	66.0±1.3 c
(27)	Ellagic acid derivative	125±1 c	259±2 b	47.3±3.0 e	85.5±0.5 d	625±1 a	42.0±0.9 e	105±1 cd	112±4 cd	37.0±0.2 e
(28)	Granatin B	708±2 c	1225±2 b	351±4 ef	521±1 d	2967±2 a	284±8 f	615±2 c	460±2 d	337±4 e
(29)	Ellagic acid derivative	23.0±0.8 d	52.7±0.6 b	8.31±0.58 e	29.4±0.9 c	159±1 a	10.7±0.2 e	22.4±0.1 d	25.6±0.1 cd	9.00±0.10 e
(32)	Dpd-trihexoside	34.4±1.1 cd	61.6±0.7 b	13.0±0.9 e	28.6±0.1de	196±1 a	16.7±0.5 e	48.0±0.3 bc	57.1±0.2 b	13.6±0. cd
(34)	HDP-trigalloyl-glucose	19.4±0.6 c	31.7±0.4 b	7.80±0.54 ef	11.9±0.1 d	160±1 a	6.58±0.20 f	21.0±0.1 c	20.3±0.1 c	8.67±0.15 de
(35)	Pentagalloyl hexose	19.0±0.5 bc	21.1±0.2 bc	6.03±0.24 d	9.61±0.09 d	313±4 a	5.75±0.11 d	13.6±0.4 cd	24.0 ±0.4 b	1.40±0.03 d
TOTAL		9101	15338	4763	7896	18236	3521	11554	12773	10876

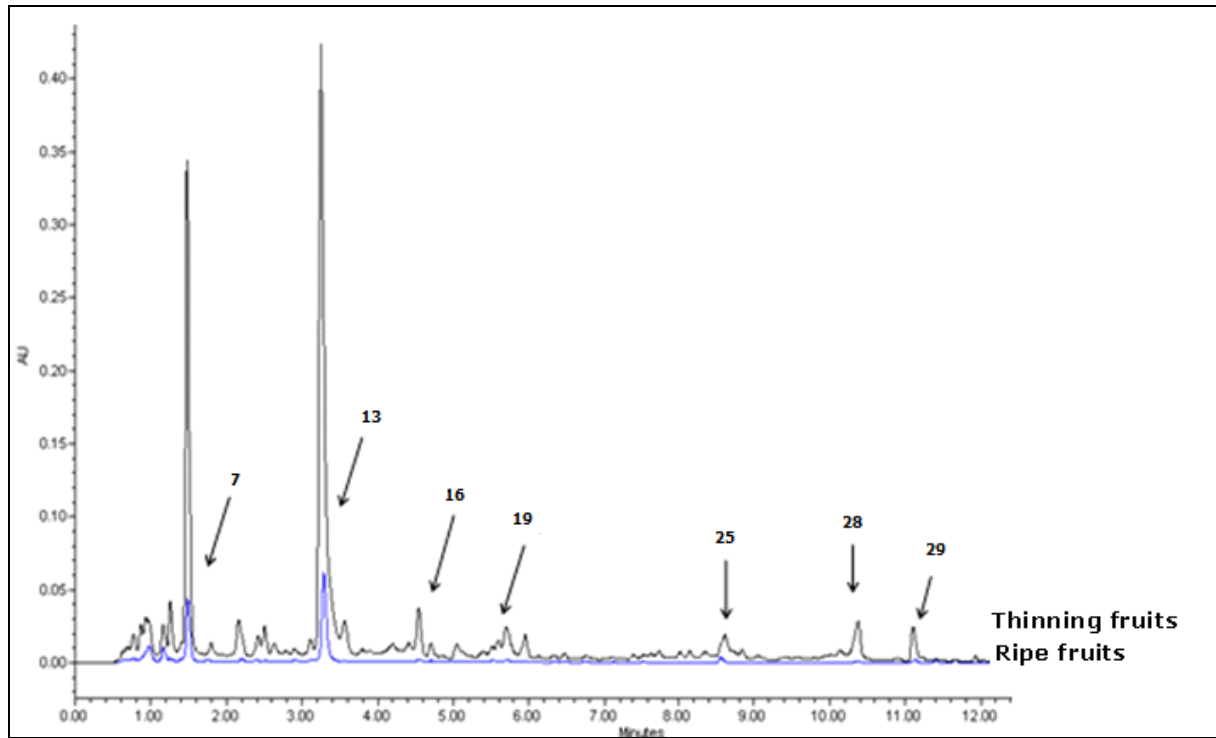
596 [†] Values are the mean of 3 replications (± standard error). [‡] Values followed by different letters (a, b, c, etc.) within the same row are

597 statistically different according to Tukey's multiple range tests ($p < 0.05$). All were significant at $p < 0.001$.

Table 3. Major derivatives of ellagic acid (mg 100 g⁻¹ dm) in ripe fruits from nine Spanish pomegranate cultivars.

(Peak)	Compound	Cultivars								
		BA1	BO1	BBE1	PTO5	PTO8	PTO10	ME14	ME17	VA1
(1)	Unknow	149 [†] ±4 b [‡]	205±4 a	67.1±0.1 de	45.4±0.4 f	146±8 b	128±1 c	43.7±0.1 f	77.6±0.9 d	52.2±5.2 ef
(4)	HHDP-gallagyl-hexoside	90.2±2.7 b	93.6±0.3 b	48.8±0.8 d	33.2±0.1 e	105±1 a	56.0±0.6 c	20.8±0.2 g	27.8±0.1 f	27.9±0.6 f
(7)	Punicalagin isomer	30.5±0.9 c	51.8±0.1 b	22.8±0.4 e	17.0±0.1 f	60.0±0.5 a	51.8±0.6 b	19.2±0.6 f	27.0±0.3 d	18.6±0.5 f
(9)	HHDP-gallagyl-hexoside	57.0±1.7 d	91.2±0.3 b	50.1±0.8 e	33.7±0.1 f	113±1 a	71.7±0.8 c	12.9±0.1 h	27.7±0.1 g	25.5±0.2 g
(12)	Ellagitannin	1264±8 b	1273±2 b	710±9 d	485±4 e	1440±1 a	1017±6 c	366±1 f	645±7 d	520±4 e
(13)	HHDP-gallagyl-hexoside	47.5±1.4 c	76.0 ±6.3 ab	44.7±0.5 c	40.3±3.6 cd	85.0±1.7 a	65.8±2.7 b	17.5±0.1 e	28.3±0.9 de	27.0±0.1 e
(15)	Bis-HHDP-glucose-isomer	57.0 ±1.7c	95.2±0.3 b	45.3±0.7 d	37.6±0.1 e	129±1 a	98.9±0.3 b	24.8±0.1 h	33.3±1.0 f	29.0±0.1 g
(16)	Granatin A	29.0±0.1 de	45.8±0.1 b	30.0±0.5 d	27.4±0.1 e	70.5±0.6 a	43.1±0.5 c	11.4±0.1 g	18.5±0.1 f	20.4±0.4 f
(18)	Granatin A	50.0±0.3 d	63.2±1.1 b	40.0±1.1 e	28.3±0.2 f	85.3±0.7 a	59.4±0.2 c	15.2±0.1 g	26.0±0.8 f	26.8±0.1 f
(19)	Ellagic acid derivative	88.3±2.7 c	89.3±0.2 c	42.5±0.7 e	35.1±0.1 f	123±1 a	104±1 b	28.4±0.2 g	37.0±0.1 f	48.0±0.4 d
(20)	Unknow	26.4±0.1 b	20.6±0.4 d	23.0±0.6 c	20.8±0.1 d	34.4±0.3 a	20.6±0.1 d	7.05±0.01 g	8.90±0.27 f	10.9±0.1 e
(23)	Galloyl-HHDP-glucoside	14.0±0.1 c	24.3±0.4 b	9.30±0.26 f	11.8±0.1 d	45.4±0.4 a	23.6±0.1 b	5.84±0.01 g	10.5±0.3 e	8.33±0.02 f
(25)	Ellagitannin	36.1±0.1 c	43.0±0.7b	27.0±0.4 d	19.2±0.2 e	61.5±0.1 a	37.6±0.2 c	11.0±0.3 f	18.6±0.2 e	16.9±0.5 e
(28)	Granatin B	85.0±2.6 d	116±1 b	37.5±0.6 e	32.0±0.2 e	293±3 a	98.9±2.1 c	11.0±0.1 f	15.0±0.1 f	16.6±0.3 f
(29)	Ellagic acid derivative	46.6±1.4 b	61.0±0.2 a	7.09±0.11 e	5.44±0.01 e	46.2±0.4 b	28.4±0.1 c	4.83±0.01 e	11.1±0.3 d	7.28±0.02 e
(30)	Ellagic acid derivative	22.0±0.7 b	25.4±0.1 a	5.86±0.09 d	1.64±0.01 f	21.7±0.8 b	14.4±0.1 c	3.55±0.02 e	7.28±0.06 d	4.07±0.09 e
(31)	Ellagic acid rhamnoside	23.0±0.7 b	24.6±0.4 a	5.06±0.07 e	1.48±0.01 g	22.3±0.1 b	14.0±0.1 c	3.73±0.02 ef	7.18±0.06 d	3.64±0.04 f
(33)	Punicalagin like	8.16±0.05 c	17.0±0.3 b	3.40±0.04 e	3.20±0.02 e	22.4±0.2 a	4.87±0.01 d	1.10±0.01 g	1.89±0.06 f	2.00±0.01 f
TOTAL		2124	2415	1219	878	2905	1938	608	1028	865

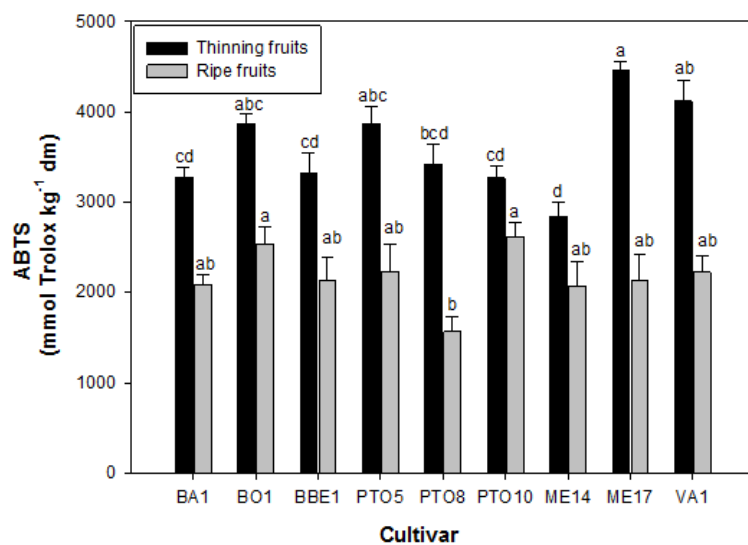
600 [†] Values are the mean of 3 replications (± standard error). [‡] Values followed by different letters within the same row are statistically
601 different according to Tukey's multiple range test ($p < 0.05$).



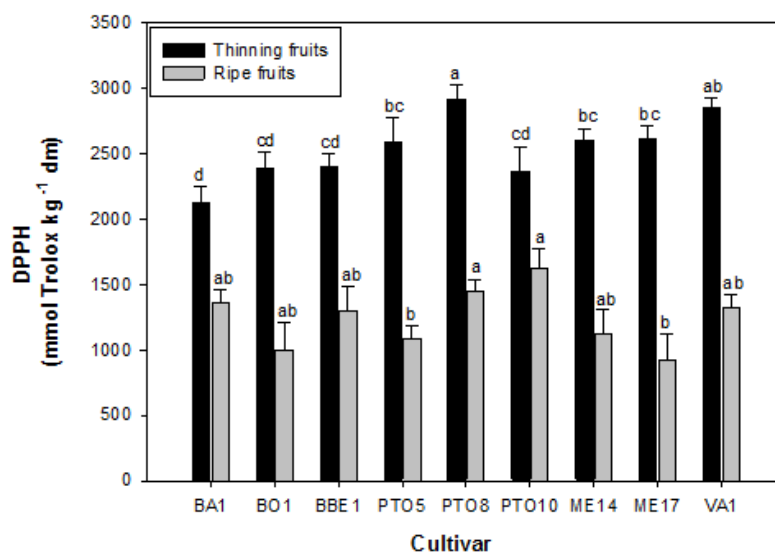
602

603 **Figure 1.** Comparative chromatogram of thinning and ripe pomegranate fruits (PTO8 cv.). Peaks: **7**,
 604 punicalagin isomer; **13**, HHDP-gallagyl-hexoside (punicalagin); **16**, granatin A; **19**, ellagic acid
 605 derivative; **25**, ellagitannin; **28**, granatin B; **29**, ellagic acid derivative.

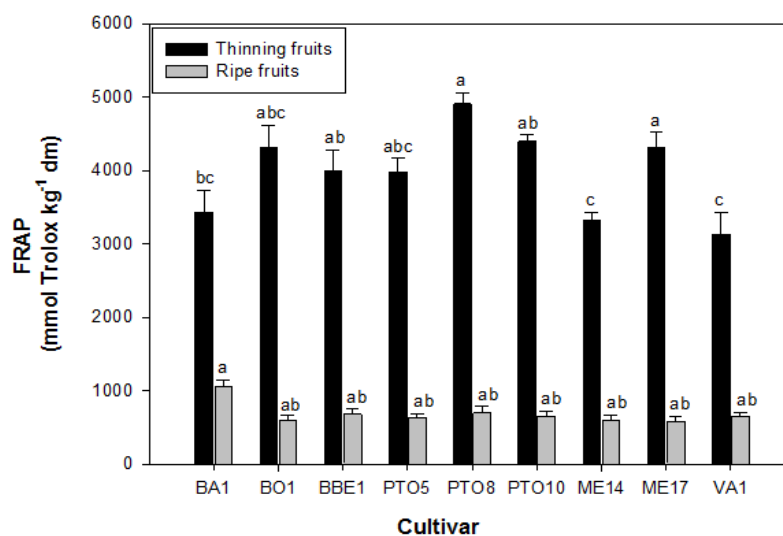
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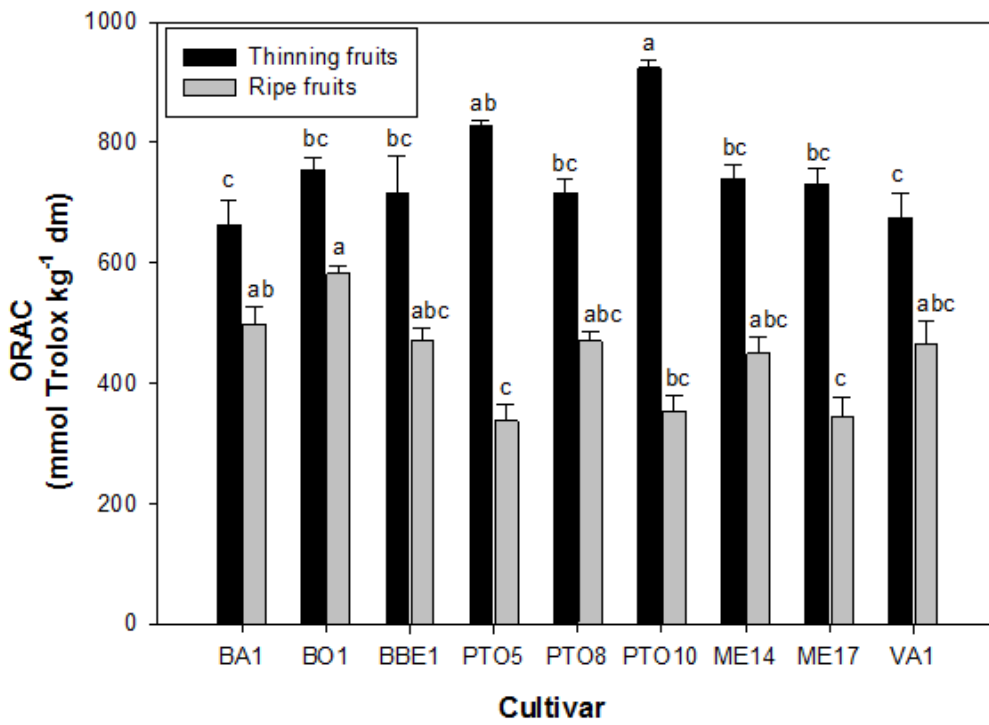


609

610 **Figure 2.** ABTS, DPPH and FRAP activity of thinning and ripe pomegranate fruits (mmol trolox kg⁻¹
 611 dm). Error bars correspond to the standard deviation of three replicates. Bars with the same letter,

612 *for each development stage (thinning or ripe), were not statistically different according to Tukey's*
613 *multiple range test ($p < 0.05$).*

614



615

616 **Figure 3.** ORAC capacity of thinning and ripe pomegranate fruits (mmol trolox kg⁻¹ dm). *Error bars*
 617 *correspond to the standard deviation of three replicates. Bars with the same letter, for each*
 618 *development stage (thinning or ripe), were not statistically different according to Tukey's multiple*
 619 *range test (p < 0.05).*